



2012 Annual Conferences
Illinois School Counselor Association

Creating Change
Through
Collaboration

April 13, 2012 ***Northfield Inn, Suites & Conference Center***
3280 Northfield Dr.
Springfield, IL 62702

April 20, 2012 ***Skokie Double Tree***
9599 Skokie Blvd.
Skokie, IL 60077

Keynote Springfield: *Creating a Culture Change*
Nicole Pflieger, ASCA's 2012 School Counselor of the Year

Keynote Skokie: *Celebrate School Counseling: Catch the Sensation*
Brian Law, ASCA President

Earn 6 CPDUs or 6 CEs
This program meets
ISBE certificate
renewal requirements.

2012 ISCA ANNUAL CONFERENCE

Springfield Keynote: Nicole Pflieger, ASCA's 2012 School Counselor of the Year



Creating a Culture Change

The professional school counselor is uniquely qualified to be a positive change agent in their school community. Nicole Pflieger will share examples of her collaboration with a local homeless shelter for women and children, the DREAM Team for at-risk boys, and Rachel's Challenge Program promoting character education and random acts of kindness. Her message will give counselors ideas that can be easily implemented to create a culture change by fostering relationships and collaborating with stakeholders.

Nicole Pflieger is a school counselor at Nickajack Elementary School in Smyrna, GA, where she has worked since 2006. She earned her undergraduate degree in Early Childhood Education from the University of Georgia, then went on to complete her Master's studies in School Counseling at the University of North Carolina at Chapel Hill and earn an educational specialist degree in Educational Leadership from Lincoln Memorial University. Nicole was recently named the 2012 School Counselor of the Year by the American School Counselor Association.

Skokie Keynote: Brian Law, ASCA President

Location: Monaco Ballroom



Celebrate School Counseling: Catch the Sensation

Remember the Dinosaurs? Don't let school counseling become extinct. Students need you now more than ever. It is a great time to be a school counselor and ASCA

Brian Law was named the 2003-2004 Georgia School Counselors (GSCA) Human Rights Award Winner, Region 10 Elementary Counselor of the Year and Georgia Elementary Counselor of the year. He went on to be named the 2004-2005 National Elementary Counselor of the Year. Law was the GSCA Writer of the Year in 2006. He has served on the GSCA leadership team for 10 years and served as president for 2008-2009. He was recognized by both of his College Alumni associations as Abraham Baldwin College Outstanding Young Alumnus and Valdosta State University GOLD award (Graduate of Last Decade) in 2004. He has been an elementary school counselor for 8 years, served as the Counselor/Coordinator for the Williams Middle School Alternative Program for a year and is currently a School Counselor at Valdosta High School with the Valdosta City School System in his seventh year. Law served as the Principal for the Colquitt County Migrant Summer School from 1999-2005. He is the Summer Administrator for Valdosta High Summer School from 2007 to 2011. He received the 2009-2010 Georgia Secondary School Counselor of the Year award and was named an ASCA Top 10 School Counselor of the Year Finalist for 2009. Brian was recognized by the Georgia Safe Schools Coalition as a Top 40 Educator in Georgia for 2010-11. Brian was the 2010-2011 President of ASCA. He was most recently recognized at the Valdosta State University Most Distinguished Alumni for the College of Education in 2011.

Workshops and Presenters

April 13, 2012 Springfield

Breakout Session 1: 9:40 am - 10:30 am

- Emerald** **Data, Dogs-Reading: How One School Counselor and RTI Coordinator Collaborate**
Chris Simonson, School Counselor, LPC, MA; and Pam Broadrick, RTI Coordinator
An elementary schools collaborative approach to improving students reading skills and confidence. The presenters will describe how a certified therapy dog and elementary school counselor function with the building response to intervention coordinator to improve at-risk reading scores.
- Jade** **Today's Counseling Interns: Driving Innovation for Prevailing Schools**
Heidi Larson, Associate Professor, LCPC, PhD; Hallie Theole, Loren Lindgren, Breanna Way, and Caleb Simms
Based on CACREP standards, students are required to receive professional practice applying theory and skill in supervised internships. In today's changing environment, schools are embracing the influence of this underutilized resource. The presenters will demonstrate how one graduate class had not only impacted student lives, but also the overall culture.
- Onyx** **Enhancing College/Career Readiness & Success: The Role of Academic Behaviors**
George Schlott, Senior Consultant for Program Solutions, IL Type 73 - School Services Personnel-Guidance, IL Type 75 - Administration, MS in Counseling Education; and April Hansen, Post-secondary Director
One of the biggest challenges in raising student achievement and reducing dropout is early identification of those students who would benefit most from intervention. While assessments of academic achievement provide early indication of risk, academic behaviors are also important for persistence and success.
- Topaz** **It Takes a Village: Students, Parents, School Officials, and a University Collaborate**
Jim Klein, Assistant Professor of School Counseling, LPC, EdD; Betsy Schroeder, Parent; Erin Schroeder, High School Student; and Cheryl Mullen, School Counselor & Chair
This program will highlight an ongoing collaboration between a local University and high school. Students, parents, school counselors, administrators, and university stakeholders have united to address school climate in a comprehensive, sensitive, and deliberate manner. Artifacts from this collaboration will be shared as well as future plans.

Breakout Session 2: 10:40 am - 11:30 am

- Emerald** **Suicide Causes and Prevention Work: Helping Students find their Essence**
Ray Piagentini, Professional School Counselor, Type 73 Certificate, MA, MS
We will discuss the 8 factors common in most suicides, and look at (hands on) 5 activities which counselors can utilize in a group/classroom setting.
- Jade** **SAIG Group - Teen Talk, RTI Tier 2 Intervention**
Sherri McLaughlin, School Counselor, NCC, Type 73, MA; and Megan Waterstraat, School Counselor, Type 73
Teen Talk is a SAIG group RTI tier 2 intervention that addresses social skills and relationships. There are six stand alone lessons that a student could enter into with the group at any point in time. The lessons deal with: Co-Existing Peacefully, Choices, Conflict Resolution, Gossip/Rumors/Communication, Blaming/Excuses/Responsibilities, and Relationships. This program is also heavily inudated with PBIS.
- Onyx** **UPDATE! Current Legislation Impacting School Counselors**
Toni R. Tollerud, Presidential Teaching Professor, PhD, LCPC, NCC, NCSC, ACS; and Daniel Stasi, Executive Director of ISCA
Every year legislation is presented that has an impact on the role of the school counselor. This presentation will cover recent laws and those in process that include counselors such as licensure, social-emotional learning, confidentiality, children of immigrants, medicaid reimbursement and more. Bring your questions.
- Topaz** **Everyday Leadership - Inspiring Teens to Take the Lead**
Mark Kosinski, Guidance Counselor, Type 73, MA; and Matt Chapman, Band Director, MA, Southern Oregon University
Every teen has the potential to lead. Discover how one school is working to develop that potential. Through team building activities, class discussions, and service projects students gain the confidence and experience to be everyday leaders. This semester long class is a collaborative effort between the Guidance Department and faculty.

Workshops and Presenters

April 13, 2012 Springfield

Breakout Session 3: 12:50 pm - 1:40 pm

- Emerald** **LifeSavers-A School Suicide and Crisis Prevention Program that Really Helps**
Judy Ashby, Executive Director, LifeSavers Training Corp., LCPS, MS
LifeSavers is a peer-support, suicide and crisis-prevention program that trains high school and college students to listen to their peers in specialized ways that help troubled youth find their own best solutions before their problems become crises. Research is showing that LifeSavers increases positive attitudes, reduces negative incidents, and increases safety factors in schools.
- Jade** **Career Cruising Course/College Planner**
Sherri McLaughlin, School Counselor, NCC, Type 73, MA; and Steve Yelm, Career Cruising, Owner
Career Cruising launched two new programs: Course Planner and College Planner. These programs are in addition to the Career Cruising features of: career searches and inventories, school searches and college programs, workforce skills, portfolio and resume builder. Students can use the course planner as an electronic 4-year plan at the same time that they register for high school courses. The course planner is directly linked to the school's student management system. This program assists counselors in the process of course registration and student scheduling while keeping electronic records for students, parents, teachers, and administrators to access. In addition, the college planner is an electronic checklist for the entire college planning and application process.
- Onyx** **The Changing Roles of Clinicians, Psychologists, Social Workers and Counselors within a school setting with the Implementation of RTI and PBIS**
Sarah VanAken, PBIS Technical Assistant Coordinator, Social Worker, MSW
The RTI and Illinois PBIS programs that have become prevalent in school settings are creating many changes in the roles of clinicians, psychologists, social workers and counselors. This workshop will discuss the duties and responsibilities needed to implement these programs and how these roles and changing the everyday routine of service personnel. It will also discuss how these professionals can work together in the implementation of these interventions to make them a smooth transition within the school district.
- Topaz** **Providing Quality Supervision to School Counselor Interns: Best Practices**
Charles Myers, Assistant Professor, PhD, LCPC, NCC, NCSC, ACS, BPTS; and Dr. Toni Tollerud, Presidential Teaching Professor, LCPC, NCC, NCSC, ACS
Good supervision during internship is paramount to the development of competent school counselors. While school counselors want to provide a quality experience, certified school counselors are often untrained in the art of supervision. Ethical, best practices include keeping supervisory notes, written disclosure statements, the development of clinical intervention and administrative concerns, creative strategies and the infusion of the ASCA model into the role of the intern. This workshop will provide current best practices that include integrating the ASCA model into the work of supervision.

Breakout Session 4: 1:50 pm - 2:40 pm

- Emerald** **IPAD Connectivity Using the IPAD when Counseling Students**
Laurie Siegel, President of Illinois School Counseling Association, LCPC, CADC, MISA11, Type 73, Type 75 certificates, MA; Shanon Silvia, Graduate student; and Trisha Ryan, Graduate student
As school counselors, we are always looking for ways to engage and connect with our students. In this workshop, we will share with you the many different techniques and applications in which to use the IPAD effectively when counseling students.
- Jade** **Role Models Influencing Freshmen**
Mekelle Neathery, Assistant Principal, Type 75, MA; and JHS Student REF's
The REF program (Role Models Influencing Freshmen) is a year-long freshman mentoring program implemented during advisory period by high school students. These students are referred to as REF's. They go through an application and interview process. Their time is all volunteer service and no credit is given to these advisory classes. There are currently 60 REF's leading freshmen advisory with Be RED lessons created in collaboration with the REF's and teachers/counselors.

Workshops and Presenters

April 13, 2012 Springfield

Onyx **Counseling LGBTQ students**
Ryan Hancock, Assistant Professor, NCC, LPC, MA
This session will focus on effective strategies for counseling LGBTQ students in the schools. Special considerations and research on the topic will be discussed, as well as practical applications.

Topaz **Helping Children Cope With Post Deployment Issues**
Michael Jay, Licensed Clinical Professional Counselor, MA; Maggie Rosol, Licensed Clinical Professional Counselor, LCPC, MA; and Christie Weiss, Educational Outreach Coordinator Illinois National Guard, B.S., Teacher Certification K-8
Military children face many challenges during reintegration. Presenters will speak to a child's concerns and potential challenges with the return of a parent from military deployment. Presenters will suggest coping techniques that a parent may utilize to support a satisfying and positive reintegration process for the entire family.

Breakout Session 5: 2:50 pm - 3:40 pm

Emerald **Building Group Cohesiveness Through Cooperative Activities**
Jim Bergin, Professor of Counselor Education, LPC, NCC, NCSC, EdD
The workshop will demonstrate a unit of guidance activities which focus upon cooperation and communication skills, and provide elementary school students the opportunity to practice these skills with their classmates. Each activity requires that students attend to, communicate with, and collaborate with each other in order in to complete an assigned task within a given time period.

Jade **SEL Snowball Retreat**
Sherri McLaughlin, School Counselor, NCC, Type 73, MA; Susan Blose, MA, Type 73, School Counselor; and Barb Fishback, School Counselor, MA, Type 73
The SEL (Social Emotional Learning) Snowball Retreat is a program developed and implemented by the Jacksonville High School Counseling Department that addresses the Social Emotional Learning Standards in a unique fashion that can be replicated in any school.

Onyx **ACTs College and Career Readiness Tools for School Counselors**
George Schlott, Senior Consultant for Program Solutions, Type 73 IL Counselor, Type 75 IL Administrative, MS in Counseling Education; and April Hansen, Post-secondary Director
This presentation will focus on the ACT College and Career Readiness System tools that schools and counselors can use to monitor and ensure the post-secondary readiness of their students. Participants will review System components and uses by reviewing data to use in post-high school transition planning.

Topaz **Women Changing the Face of Agriculture - Women Make Tracks in Nontraditional STEM Careers**
Penny Lauritzen, Past President of Illinois Agri Women, Program Coordinator of Women Changing the Face of Agriculture; and Toni Tollerud, Presidential Teaching Professor, Dept. of Counseling, Adult & Higher Education, Northern Illinois University, NCC, NCSC, ACS, Ph.D. LCPC
Check out the opportunities available to high school girls in nontraditional agricultural careers and the women who have committed time and effort to share their education and career tracks with them. School Counselors can use this knowledge to be instrumental in encouraging female students involvement in STEM related career tracks.

Workshops and Presenters

April 20, 2012 Skokie

Breakout Session 1: 9:40 am - 10:30 am

- Barcelona** **Counselor as Coach, Coach as Counselor**
Daniel Koutsis, Professional School Counselor, LPC, NCC, MA; and Jason Rhodes, Professional School Counselor, MA
Highlights the importance of extracurricular coaches on student outcomes, and how they can be aided with increased knowledge of counseling specific skills and strategies. Presentation will reference the (ASCA) Developmental Model and preparing student-athletes for post-secondary education. Relevant legal issues will also be briefly discussed.
- Berlin** **Growing the School Counselor-Administrator Relationship**
Brian Law, ASCA President
Counselors and administrators must collaborate and understand these differing roles in order to create and grow strong school cultures. Learn how to advocate for school counseling with all administrators from supervisors to superintendents. The 3 R's of counselor administrator collaboration and growth will be discussed: Relationships, Respect and Resiliency.
- Cannes** **Heads Up Program and School Counselors: Head Injury in the School Setting**
Michele Kerulis, LCPC, EdD, CC-AASP; and Anthony Juliano
The goal of this workshop is to raise awareness of concussions in the school setting while presenting an evidenced-based, CDC-endorsed model of care called Heads Up to increase best practices for school counselors. Workshop will cover an introduction to head injuries, etiology, assessment, and how to educate parents/students/coaches.
- London** **College Career Counseling: The What & The How**
Julia Yang, University Professor, PhD, NCC; Rachel Fassel and Natalie Watson, Graduate Students
The school counselor's post-secondary leadership is critical to ensuring that high school students are properly prepared for access to and success in post-secondary education and career. The presenters will provide 22 selected college career assessment/planning tools and resources organized by the NOSCA eight components of college career readiness counseling.
- Milan** **Everyday Leadership - Inspiring Teens to Take the Lead**
Mark Kosinski, Guidance Counselor, Type 73 MA NEIU - Secondary Counseling; and Matt Chapman, Band Director, MA, Southern Oregon University
Every teen has the potential to lead. Discover how one school is working to develop that potential. Through team building activities, class discussions, and service projects students gain the confidence and experience to be everyday leaders. This semester long class is a collaborative effort between the Guidance Department and faculty.
- Venice** **In the Zen Zone: Creating a Yoga Club in School**
Amy Klug, Professional School Counselor, Type 73, MEd., Doctoral student; Keri Apking, Professional School Counselor, Type 73, MEd.; and Tracey Salvatore, Social Worker, Type 73, Type 75, LCSW, MSW
We're in our fourth year of offering yoga to students both during the school day and as an after school club. Our data has shown that students greatly benefit from this intervention by improving their overall well-being. They experience an increase in calmness and self-confidence and a decrease in nervousness and anxiety. We want to share our experiences with mental health professionals in schools who can create their own programs to benefit students.
- Vienna** **Is College Possible for Students with LD/ADHD?**
Veronica Vyazovsky, LPC, IL School Counselor, NCE, MA; and Nancy Bielawski, LCPC
Planning for college and career training, must start as early students with Learning Disabilities and AD/HD. Counselors will learn about what services and accommodations that are currently available for students with disabilities after high school, based on ADA requirements. Counselors will develop a comprehensive understanding of the skills students will need to develop by the time they graduate high school in order to advocate for their best interest as learners in college and post-secondary training programs.
- Zurich** **Aligning with the Alliance: Creating Safer Schools for LGBTQ Students**
Melissa Ockerman, PhD, Assistant Professor; and David Fischer, Illinois Safe Schools Alliance
This workshop will discuss strategies for collaborating with local and national organizations to better serve the needs of LGBTQ students in schools. The formation of Gay-Straight Alliances, as well as whole-school and individual counseling strategies will be addressed.

Workshops and Presenters

April 20, 2012 Skokie

Breakout Session 2: 10:40 am - 11:30 am

- Barcelona** **HELP WANTED! I NEED A JOB!**
Amy Thompson, College & Career Counselor, York Community High School, Type 73, School Counseling, MA; Julie Feldkamp, Counseling Department Chair, York Community High School, Type 73, MA; and Jack Rohyl, Middle School Counselor, Lisle Junior High, Type 73, MA
Are you passionate about school counseling but still trying to find work in this saturated market? Unfortunately, there are a lot of school counselors looking for work and if our state ratios were what they are supposed to be, there would be more jobs. But given the reality we have, are there ways to improve your odds of getting an interview and, ultimately, getting the job? This session is designed to guide candidates toward being more appealing and marketable. Tips will be offered for getting noticed in a massive pile of applicants as well as landing and nailing an interview.
- Berlin** **UPDATE! Current Legislation Impacting School Counselors START HERE!**
Toni R. Tollerud, Presidential Teaching Professor, PhD, LCPC, NCC, NCSC, ACS; and Daniel Stasi, Executive Director of ISCA
Every year legislation is presented that has an impact on the role of the school counselor. This presentation will cover recent laws and those in process that include counselors such as licensure, social-emotional learning, confidentiality, children of immigrants, medicaid reimbursement and more. Bring your questions.
- Cannes** **Social/Emotional Fridays: Counselor/Teacher Collaboration**
Michelle Dluzak, School Counselor, Type 73, MEd; and Brea Adams, Type 73, MEd
Using data collected from a freshman needs assessment, we created classroom guidance lessons. We collaborate with our teachers on a monthly basis to deliver these guidance lessons. By the end of the school year, we will have covered the following topics: GPA, Freshman/Sophomore Transition, Bullying, Study Skills, and Career/College Awareness.
- London** **Using the Grit Scale in High School Counseling**
Steve Murray, Director of Counseling, MA
The Grit Scale is used as a tool to measure the obstacles and challenges that students face in schools. The presentation will review the development of this tool, and its use.
- Milan** **Using Possible Selves to Motivate Students to Graduate**
Diane Mitchell, Professional School Counselor, Illinois certification, MA, MS, Doctoral student
Motivational strategies based on Possible Selves Theory have been found to be effective in improving academic achievement. This workshop will focus on strategies to help motivate students to attain their high school diploma. Presentation will be a springboard for discussion of best practices.
- Venice** **Motivational Interviewing & Adventure Counseling: Nurturing Aspiration & Motivation**
Richard Rutschman, Program Director, NEIU ENLACE & CTC Bridges to the Future, Member of the Motivational Interviewing Network of Trainers, EdD
This interactive workshop on Motivational Interviewing and Adventure Counseling will engage participants in approaches that inspire students to take action to work for a better future for themselves. Come prepared to laugh, think, share and take action. It is likely that unmotivated will no longer be in your vocabulary.
- Vienna** **Effective Social/Emotional Support: A Student's Journey Between Hospital and School**
Vince Walsh-Rock, Assistant Principal, LCPC, Certified School counselor, Certified school administrator, MS in Ed-Counseling; and Amy Klug, Professional School Counselor, School Social Worker (to be determined), representative from hospital (to be determined)
Within the past two years, our high school has witnessed a significant increase in the numbers of students being hospitalized for depression, self-harm, and suicidal ideation. This panel discussion will focus on the reasons that students are being admitted to IOP and IIP programs and how to best coordinate services between schools and hospitals.
- Zurich** **Suicide Causes and Prevention Work: Helping Students Find Their Essence**
Ray Piagentini, Professional School Counselor, Ill Type 73 Certificate, MA, MS
We will discuss the 8 factors common in most suicides, and look at (hands on) 5 activities which counselors can utilize in a group/classroom setting.

Workshops and Presenters

April 20, 2012 Skokie

Breakout Session 3: 12:50 pm - 1:40 pm

- Barcelona** **Homeless Students in Your School: It's a Situation that Can't be Ignored**
Patricia Rivera, Consultant, Opening Doors Technical Assistance Project, ISBE, Type 73, Type 75, ACSW, LCSW, MSW and Matt Hanafee, Assistant Lead Liaison, Area 1, Will County ROE, BA
This workshop will help counselors recognize the common signs of homelessness; recognize the impact of homelessness and instability on students' learning; learn how to intervene with positive solutions, and how to access resources (including FAFSA information) and mandated services for homeless students, including whom you can contact for help.
- Berlin** **Setting the Tone: Implementing Bullying Prevention Best Practices**
Michael Carpenter, PhD, Consultant
This workshop will describe a.) how schools can minimize exposures to bullying and other safety issues using a risk reduction model; b.) what documentation is needed; c.) best practices (what strategies work and don't work); and d.) importance of positive adult role modeling.
- Cannes** **A Social Norms Approach Improves Teen Health and Wellness**
Michael Haines, Executive Director, MS
The Social Norms Approach is the most effective method of reducing teen alcohol and tobacco use, dating violence, and bullying. This session will describe of the Social Norms Approach to behavior change and provide examples (case studies) of successful applications in high schools and other settings throughout the United States.
- London** **ACTs College and Career Readiness Tools for School Counselors**
George Schlott, Senior Consultant for Program Solutions, Type 73 IL Counselor, Type 75 IL Administrative, MS Counselor Education; and April Hansen, Post-secondary Director
This presentation will focus on the ACT College and Career Readiness System tools that schools and counselors can use to monitor and ensure the post-secondary readiness of their students. Participants will review System components and uses by reviewing data to use in post-high school transition planning.
- Milan** **High School Athletes and Perpetual Identity Crises: The Need for Earlier Intervention**
Jim Klein, Assistant Professor of School Counseling, LPC, EdD
Collegiate athletes participate in Life Skills programming as prescribed by the NCAA. As a result of the ever-increasing emphasis being placed on sports in society, is it possible that adolescent athletes could foreclose on their identity? In the absence of early intervention efforts, high school athletes risk over-identification.
- Venice** **Providing Quality Supervision to School Counselor Interns: Best Practices**
Charles Myers, Assistant Professor, PhD, LCPC, NCC, NCSC, ACS, BPTS; and Dr. Toni Tollerud, Presidential Teaching Professor, LCPC, NCC, NCSC, ACS
Good supervision during internship is paramount to the development of competent school counselors. While school counselors want to provide a quality experience, certified school counselors are often untrained in the art of supervision. Ethical, best practices include keeping supervisory notes, written disclosure statements, the development of clinical intervention and administrative concerns, creative strategies and the infusion of the ASCA model into the role of the intern. This workshop will provide current best practices that include integrating the ASCA model into the work of supervision.
- Vienna** **Creating a Foundation for an SEL-Infused Rtl Program**
Kirsten Perry, School Counselor, Type 73, MEd; Nilufar Rezai, Type 73, MSW
This workshop will help educators understand how gathering data and collaborating with stakeholders is pivotal to creating a school-wide intervention that targets social, emotional and behavioral concerns. Using both the Safe & Civil Schools Rtl Series and the Lions-Quest SEL Program, we will discuss the results of our pilot project.
- Zurich** **Transition Planning for Students with Special Needs**
Amy Thompson, College and Career Counselor, Type 73, MA School Counseling
Counselors play an important role in helping special education students plan for their future. In fact, the state requires transition goals every year and having a four-year transition planning scope and sequence can help support case managers in setting realistic goals. In this session, I will present the scope and sequence for York High School's Transition Planning curriculum with handouts and take-aways.

Workshops and Presenters

April 20, 2012 Skokie

Breakout Session 4: 1:50 pm - 2:40 pm

- Barcelona** **IPAD Connectivity Using the IPAD when counseling students**
Laurie Siegel, President of Illinois School Counseling Association, LCPC, CADC, MISA11, Type 73, Type 75 certificates, MA; Shanon Silvia, Graduate student; and Trisha Ryan, Graduate student
As school counselors, we are always looking for ways to engage and connect with our students. In this workshop, we will share with you the many different techniques and applications in which to use the IPAD effectively when counseling students.
- Berlin** **Bully Training 4.0- Four Practical and Powerful Steps to Reducing Repeated and Excessive Bullying**
Mike Culver, Director, MA, Educational Leadership
Four simple, practical and powerful steps school counselors and administrators (elementary and secondary) can take to reduce repeated and excessive bullying. Developed by a former veteran assistant principal of discipline. This is a bullying reporting process that has been tried, tested and works.
- Cannes** **From Theory to Practice: Learning and Implementing the ASCA Model**
Gabriela Rulka, Graduate Student, Roosevelt; Angela Rodriguez, Graduate Student, Roosevelt University; and Christopher Balthazar
School counseling students learn how to design comprehensive, developmental school counseling programs that promote success for all students. In this presentation, three school counseling interns will share their experiences learning and implementing the ASCA model. Methods for utilizing interns as resources in facilitating a comprehensive program will be discussed.
- London** **Embrace Your Strengths: How Communication Style Determines Effectiveness!**
Michael R Carpenter, PhD, Consultant
This workshop (a) enhances your ability to view the world through different lenses by examining communication pathways; (b) empower your students/staff to relate more effectively by learning how to capitalize on different ways of perceiving/processing information; and (c) enable you to celebrate individual differences in team settings after identifying strengths and abilities.
- Milan** **The Career Connection: Implementing Career Development in Elementary School**
Jasmine Knight, Assistant Professor, Roosevelt University, PhD; and Lauren Wiley, Graduate Student, Roosevelt University
Comprehensive career development programs are integral to the elementary school counseling curriculum. The most effective career development occurs daily and is a collaborative effort between school counselors, parents, teachers, and students. Participants will learn methods, strategies and ideas involving collaboration with key stakeholders in implementing a career development program.
- Venice** **Things We Wish We Knew: Internship Survival Guide**
Megan Connolly, Graduate Student; Amanda Vancina; Julie Wiseman; Stacie Brandt; Stephanie Peterson; and Jennifer Persak (All Graduate Students)
Through this workshop, we will present a comprehensive guide including tips, advice, and personal accounts for future school counseling interns.
- Vienna** **Activities That Teach Diversity**
Carl Olson, MS, Guidance Counselor Retired
Going beyond the traditional methods of instruction is necessary to understand the complex topic of diversity. Using his experience with the experiential method of teaching and learning Carl has developed some great methods of tackling the topic of diversity. In this workshop Carl centers the instruction on two areas that will help educators convey the ideas of personal understanding of other peoples and the world that we live in. Personal Connections They do not care how much you know, until they know how much you care.
- Zurich** **Which path to take? IEP or 504 Plan**
Vince Walsh-Rock, Assistant Principal, LCPC, Certified School Counselor, Certified School Administrator, MS in Ed Counseling
With the change in the ADA law as of January 2009, schools have been challenged by the number of 504 Plan requests for students. Teachers and counselors often fall in the middle of negotiating reasonable accommodations in sometimes challenging situations. This workshop will present the main components of a 504 Plan, analyze the difference between IEP and 504 Plans and offer helpful strategies in writing effective plans.

Workshops and Presenters

April 20, 2012 Skokie

Breakout Session 5: 2:50 pm - 3:40 pm

Barcelona

Enhancing College/Career Readiness & Success: The Role of Academic Behaviors

George Schlott, Senior Consultant for Program Solutions, IL Type 73 - School Services Personnel-Guidance, IL; Type 75 - Administration, MS in Counseling Education; and April Hansen, Post-secondary Director

One of the biggest challenges in raising student achievement and reducing dropout is early identification of those students who would benefit most from intervention. While assessments of academic achievement provide early indication of risk, academic behaviors are also important for persistence and success.

Berlin

Post-Secondary Planning with Undocumented Students

Angela Rodriguez, Graduate Student; Sarah Heeger, Graduate Student; Jessica Barajas, Graduate Student; and Gabriela Rulka, Graduate Student

65,000 undocumented students graduate from high schools every year. Multicultural competency is crucial when working with this population. This session will discuss strategies and resources that can be used in collaboration with teachers to assist these students in post-secondary planning. Participants will be given tools to increase their multicultural competencies.

Cannes

Using Technology to Engage and Collaborate with High School Students

Jennifer Wygant, Professional School Counselor, MEd; and Amber Swanson, Professional School Counselor, NCC, MEd

The presenters will demonstrate collaboration with students using technology in order to develop transferable skills that improve engagement in counseling lessons and the self-efficacy of students empowering them to be more successful in and after high school. Participants will learn a variety of resources and real-life applications.

London

Curtailing Student Stress through Animal-Assisted Activities

Charles E. Myers, Assistant Professor, PhD, LCPC, NCC, NCSC, ACS, RPT-S, ATT; and Vanessa Winans, MA, AAT
Animal-Assisted Activities (AAA) conducted by certified animal-human partners has been demonstrated to contribute to many prosocial outcomes, including the reduction of stress. Presenters and their pet partners will introduce participants to the benefits of AAA and share their experiences of providing AAA to university students prior to finals.

Milan

Keeping Up with the Next Generation!

Jamila Lyons, Graduate Student; Madeleine Francique; Sybil Handy; and Rolanda Clark

Today School Counselors/Professional Counselors are having a difficult time keeping up with the times. The workshops will talk about family structures and cultural diversity, the major economy issues, and how counselors should know the trends and technology.

Venice

Women Changing the Face of Agriculture - Women Make Tracks in Nontraditional STEM Careers

Penny Lauritzen, Past President of Illinois Agri Women, Program Coordinator of Women Changing the Face of Agriculture; and Toni Tollerud, Presidential Teaching Professor, Dept. of Counseling, Adult & Higher Education, Northern Illinois University, NCC, NCSC, ACS, PhD, LCPC

Check out the opportunities available to high school girls in nontraditional agricultural careers and the women who have committed time and effort to share their education and career tracks with them. School Counselors can use this knowledge to be instrumental in encouraging female students involvement in STEM related career tracks.

Vienna

The Role Residential Treatment for Youth in the Continuum of Care

Steven DeMille, Counselor, LAPC; and Carolle Bell, PhD, LCSW

The role of residential treatment has come under question due to recent social reform movements. This workshop will describe a treatment modality that distinguishes residential treatment on the continuum of care. This workshop will present factors to determine appropriate placement needs and research to validate the appropriateness of residential care.

Poster Sessions

Skokie, April 20, 2012

Adventure-Based Counseling: Connecting Students and Enhancing Growth

Charles E. Myers, Associate Professor, PhD, LCPC, NCC, NCSC, ACS, RPT-S; Nate Underwood, Type 73, MEd; and Oksoon Lee, CYC, MA

Adventure-Based Counseling is an experiential approach promoting self-esteem, communication, trust, resiliency, and self-efficacy in students. Come learn how to implement this dynamic approach to meet the needs of your students. You will learn about the principles and concepts of ABC through experiential activities and interactive discussion.

Eighth Grade Transition through Collaboration

Nicole Cannon, School Counselor, Type 73, MA; Martha Williams, Counselor/Case Manager, MA Professional School Counselor, MA Special Education, BA Special

Graduation from high school depends in part on a student's successful transition to high school. The presenters will demonstrate to elementary and high school counselors how to collaborate to implement an engaging transition program for urban students providing insight on best practices and resources for implementation.

Ethical Literacy

Lee Harsy, Assistant Professor, Former Director of Guidance, Type 73, Administrative Endorsement, BA, MS

This workshop will review the concept of ethical literacy and its importance in successfully promoting ethical behavior among students and adults. Workshop participants will also review the shared values that support the counseling state and national standards and competencies.

Poster Session

Violetta Losowski, DePaul University Graduate Student; and Thaddeus Sherman, Graduate Student

Counseling students from different universities met with representatives and senators as they lobbied. Everyone had varying degrees of success with each but the experience has left everyone invigorated and perpetuated our desires to advocate for other counselors. Counselors should get involved in order to make positive changes for the profession.

Time To Teach Classroom Management Strategies

Lenora Longstreet-Hairee, Associate Trainer, Time To Teach, BS

Time To Teach is a set of classroom management strategies that can be used to reduce the number of office referrals, enhance the climate of the school building and allow more time for instruction and less time spent on discipline.

Using the National Model to Guide the Role of Professional School Counselors in PBIS

Donna Kirkpatrick Pinson, Professional School Counselor, EdD, LCPC, NCC, NCSC; and Laura Mutchler, Professional School Counselor, PhD

This workshop will discuss how to use the ASCA National Model as a framework to guide the professional school counselor's role in Positive Behavior Interventions and Supports (PBIS). Examples of school counselors' use of data from the SWIS program and intervention design and implementation will be presented.

2012 ISCA Exhibitors

Thank You to Our Springfield Exhibitors

ACT, Inc-Midwest Region
American School
Chestnut Health Systems
Columbia College Chicago
FIDM/ Fashion Institute of Design & Merchandising
ISBE - Adult Learning Center
Linn State Technical College
Missouri Military Academy
Research Press Company
Universal Technical Institute

Thank You to Our Skokie Exhibitors

ACT, Inc-Midwest Region
American School
BYU Independent
Columbia College Chicago
Committee for Children
FIDM/ Fashion Institute of Design & Merchandising
Glenwood School
Hazelden
ISBE - Adult Learning Center
Northwest Community Hospital
University of Missouri
Universal Technical Institute

ICA Southern Conference

Building a Community of Counselors: Sharing Resources and Talents



March 30, 2012

DoubleTree by Hilton-Collinsville, IL

Exhibitors, Breakout Sessions, Lunch and Networking

Breakout Sessions

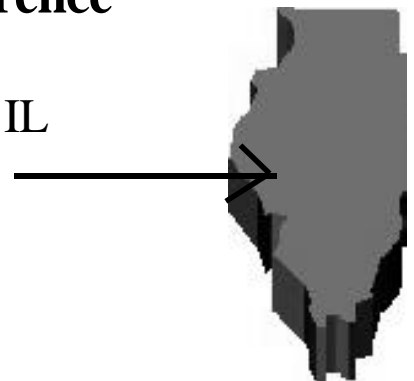
- I saw you on Facebook!: Professional Boundaries in an Endless Online Community*
- Bridging Science and Love: Making Relationships Work*
- Adolescent Threat Assessment: Ways To Assess and Address Adolescent Threatening Behaviors*
- Fun in the Sand: An Introduction to SandTray Therapy*
- Mirror, Mirror: Counseling Girls for Body Image Resilience*
- Choice Theory As A Supervision Model*
- LGBTQ counseling 101: Straight counselors, gay clients.*
- Post Traumatic Stress and domestic Violence: Treatment Implications for Counselors*
- Counselor Self-Care and Difficult Clients*
- When love doesn't conquer all*
- Thinking Outside the Box in the Treatment of Chronic Loneliness*
- Opening the Community Chest: Mental Health Providers Teaming With Schools*
- An Overview of Acceptance and Commitment Therapy and Other Mindfulness Based Approaches*
- Parent and Teacher Consultation*



ICA 2nd Annual Southern Conference March 30, 2012

DoubleTree by Hilton- Collinsville, IL

- Breakout Sessions, Lunch and Networking
Register at www.ilcounseling.org





Featured Speaker
Dr. Robert Wubbolding

IMHCA Member Appreciation Program

Friday, March 2, 2012

**Dealing with Avoidance,
Resistant Individuals
and Difficult Behaviors**

Members: \$35

Non-Members: \$120

Reality Therapy is based on the principle that human beings need not be victims of external forces.



ISCA Board 2011-2012

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Public Policy and Legislation	Amy Thompson

2012 ISCA Annual Chicago Conference

Information

CONFERENCE AT A GLANCE

- 7:30** Registration / Coffee
- 8:00** Welcome: ISCA President Laurie Siegel
- 8:15** Keynote: Brian Law / Nicole Pflieger
- 9:25** Exhibits
- 9:40** Breakout Session I
- 10:40** Breakout Session II
- 11:30** Exhibits
- 11:40** Luncheon / Awards
- 12:40** Exhibits
- 12:50** Breakout Session III
- 1:40** Exhibits
- 1:50** Breakout Session IV
- 2:40** Exhibits
- 2:50** Breakout Session V
- 3:40** CPDU/CE Certificates

Continuing Education Hours:

This program is recognized as providing **6 CPDUs** by **ISBE provider # 08041517946371** and **6 CE**s for: **LPC / LCPC** and **LSW / LCSW** (IDFPR license # 159-000650) All school counselors must have CPDUs to renew their certificate.

Confirmation / Directions: Upon receipt of the registration form, we will email confirmation letters with location and address information. Maps are also available on our website:

Questions:

Dan Stasi - ISCA Executive Director
Phone: (815) 762-3636
Fax: (815) 787-0505
Email: myisca@gmail.com
Website: <http://www.ilschoolcounselor.org>

To Register

Mail: ISCA, P.O. Box 144, DeKalb, IL 60115
Online: www.ilschoolcounselor.org
Phone: (815) 762-3636
Fax: (815) 787-0505

Registration Form

Name _____

Address _____

City _____

State _____

Zip _____

Email (please print clearly) _____

Phone _____

Lunch is included: Please contact us with special meal requests. (vegetarian/gluten free, etc.) CPS Vendor # 65791

Payment Options:

- Check enclosed payable to ISCA
- Credit Card (Master Card, VISA, American Express, Discover)
- Purchase Orders ISCA FEIN# 27-0086648

Card Number _____

*V-Code# _____

Expiration _____

Signature _____

(*MC/Visa/Discover: Last 3-digit # on signature panel on back of card.)
(*American Express: 4-digit # above account # on face of card.)

Early Bird Registration

Postmark Deadline: March 13, 2012

- \$100 ISCA Member
- \$50 Retired Member/Grad Student/Presenter
- \$125 Non-Member- Join ICA/ISCA now and receive the member discount.

Pre-Registration On or After March 13, 2012

(Prior to Conference)

- \$50 Presenter
- \$75 Retired Member/Grad Student
- \$125 ISCA Member
- \$150 Non-Member - Join ICA/ISCA now and receive the member discount. Annual membership is \$90.

On-Site Registration

- \$50 Presenter
- \$100 Retired Member/Grad Student
- \$135 ISCA Member
- \$165 Non-Member - Join ICA/ISCA now and receive the member discount. Annual membership is \$90.

Location:

- Northfield Inn- Springfield - April 13, 2012
- Skokie Double Tree- Skokie - April 20, 2012



**Illinois School
Counselor Association**

P.O. Box 144
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Time Sensitive Materials

**All Registration
Fees Are
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under work
related expenses**

**Earn 6 CPDUs or 6 CEs
This program meets
ISBE certificate
renewal requirements.**



***Creating Change
Through
Collaboration***

Illinois School Counselor Association Annual Conferences

***Friday, April 13, 2012
Northfield Inn***

***Friday, April 20, 2012
Skokie Double Tree***

Keynotes:

***Nicole Pflieger, ASCA's School Counselor of the Year- Springfield
Brian Law, ASCA President- Skokie***

***Workshops, Exhibits, Awards, and a Luncheon
For more information, visit www.ilschoolcounselor.org.***