



**National Board Certification®  
Assessment Center Descriptions  
Early Childhood through  
Young Adulthood/School Counseling  
(Age Range: Students 3-18+)**

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This assessment is composed of six exercises that examine content knowledge specified in the NBPTS standards. Candidates are given up to 30 minutes to respond to each exercise.

**Exercise 1: Human Growth and Development**

The candidate will demonstrate knowledge of a specific human growth and development theory, and then apply that knowledge to a given developmental stage.

**Exercise 2: School Counseling Program**

The candidate will demonstrate knowledge of the development, implementation, and management of a school counseling program.

**Exercise 3: Diverse Populations**

The candidate will use knowledge of counseling diverse populations to apply counseling skills, techniques, and interventions to a student situation.

**Exercise 4: Theory**

The candidate will demonstrate knowledge of a counseling theory and theorist by describing the theory and applying it to a school counseling issue.

**Exercise 5: Data and Planning**

The candidate will demonstrate the ability to interpret and analyze the data provided, make appropriate recommendations for school improvement, then discuss the rationale and steps for implementation of the recommendations.

**Exercise 6: Collaboration**

The candidate will assess a student concern, then discuss the legal and ethical procedures and medical concerns to consider while creating a plan of collaboration to help the student succeed.